

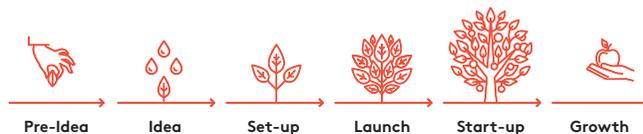
Angie Poller, Heat Where You Need It

A quality range of sustainable and ethically produced wearable heat/cool packs designed for pain relief.



Speaking about the role of her illness in the creation of her business, Angie says:

“Having this disease has limited my life but its also given me a purpose, I didn’t want to have this disease and it not be for a reason.”



Sister since October 2020

Anyone that has lived with chronic pain understands the lengths they will go to find relief, and no one knows this better than Heat Wear You Need It founder, Angie Poller. Following a work injury, Angie developed Chronic Regional Pain Syndrome (CRPS), a condition that causes the sufferer severe and constant pain and affects approximately one in 3800 Australians.

Angie, a qualified make-up artist, says that although living with the condition has impacted her life in many ways, it has also been the driving force and inspiration for her business, Heat Where You Need It, a uniquely effective range of wearable heat packs that are providing relief to people right across Australia.

Angie developed a high-quality range of sustainably-produced wearable packs that may be used hot or cold to provide pain relief. These packs are unique, offering the wearer a full range of movement and the ability to continue with the demands of daily life, compared with traditional heat/cold packs that largely limit activity. The uniquely designed packs also allow the wearer a source of pain relief that doesn’t shift during sleep- an aspect of living with chronic pain that has a tremendous impact on the sufferer’s well-being.

How Global Sisters is making a difference

Although Angie knew she had discovered a winning formula, getting a business off the ground is no easy feat. Like many busy single mums, finding the time and the funds to start a business often serves as an insurmountable barrier. Deciding to sign up as a participant in Global Sister’s Sister School program made all difference for Angie.



Global Sisters has supported Angie through:

- Sourcing a sewing machine worth \$550 that enables her to craft her now sought-after wearable packs
- Providing business guidance through the [Sister School](#) program, the First 10 Customers coaching program and also through involvement in Industry Circles
- Obtaining a safe and affordable [microfinance loan](#) to assist with business start-up costs
- Selling Heat Where You Need It products on the [Global Sisters online Marketplace](#).

Looking forward

With orders arriving thick and fast, Angie envisions strong future growth for her business and is currently seeking input from external investors. “This product is sound, it’s good and it works,” she says. “Something in my mind, something in my heart sees it going bigger than I can handle.”

Angie also hopes the success of Heat Where You Need It will have a flow on effect for her family by providing an example of strong business leadership for her children. “I’d love to leave a legacy behind for them, something they can be proud of,” she says.

Follow Angie’s business journey at:

f [WearableHeatTherapy](#)